



## EXPERIENTIAL LEARNING TOOLKIT

*Bringing Interprofessional Competencies to Life*

The quality of interprofessional **collaboration** and behavior skills have profound effects on outcomes for both providers and patients.



### IMPACT Critical Outcomes!

Technical skills are not enough to optimize...

- **Patient Safety**
- **Patient Experience**
- **Workforce Health**
- **Cost-effectiveness**

**That's where IMPACT comes in!**

**Our Toolkit is all about improving interactive soft skills that impact interprofessional collaboration!**

### Who We Are

Beth Boynton, RN, MS, CP ([Boynton Improv Education](#)), Jim Mecir, former MLB pitcher & teamwork expert, and Ellen Schnur, 25+ years in management & training ([ImprovTalk](#)), represent a **unique interprofessional team**. We have decades of experience in healthcare, corporate management & training, organizational development, teamwork and applied/medical improvisation and of course, Jim's 15 years playing professional baseball.

### Our Program Design

Our custom program design begins with your specific goals and desired outcomes. Together we assess participants' needs and readiness for developing skills. We then use our toolkit to design your session with activities, stories, a brief lecture, debriefing/reflection questions, and finally an action plan. Our sessions deliver experiences that get to the root of what human beings need to EMPOWER them to be effective communicators, team players and leaders.

### Our Content Areas

We can focus on one aspect or combine any of the following:

- **Interprofessional Communication**
- **Emotional intelligence**
- **Leadership**
- **Teamwork**
- **Cultural Competence (creating inclusive environments)**
- **Stress Reduction**

[See past session examples on the following page.](#)

*"We get to the root of what human beings need to develop to be effective communicators."*

Beth Boynton

**Live, Online, & Hybrid Sessions      1 to 2-Hour Sessions, Full Day, Series and Keynotes**



### Case Study

We collaborated with Lori Porter, EdD, MBA, RDN, former Director, Interprofessional Education and Practice and Director Dietetics Program at [Ball State University](#) to design interactive sessions for faculty and students.

We used several IPEC sub competencies from the Core Competency: **Interprofessional Communication** to develop objectives and plan activities for student and faculty sessions. The survey statements involved student's development of and faculty's ability to teach competencies in 7 areas:

- Expressive communication skills like confidence and self-awareness.
- Listening skills like perspective-taking, validating, and observing.
- Ability to think on one's feet and develop ideas quickly.
- Empathy levels for others and selves.
- Communicating in teams and in front of groups.
- Mindfulness and being in the moment.
- Attitude of respect for all members of the healthcare team.

**75-100% from both groups 'strongly agreed' the session helped develop all competencies!**

### The Research

**As studies validate** and as suggested by the Institute of Medicine, the World Health Organization and other leading health related organizations, improv/theater education has been found to positively **IMPACT** interactive skills. A few of the many articles and studies ([click here to see more](#)):

- [The role of "improv" in health professional learning: A scoping review](#)
- [The Human Factor: The Critical Importance of Effective Teamwork and Communication in Providing Safe Patient Care](#)
- [Medical Improvisation Training for all Medical Students: 3-Year Experience](#)

Learn about other [workshops](#), our [collaboration](#), and [testimonials](#).

Contact us for more information! (847) 987-6159 [info@improvtalk.com](mailto:info@improvtalk.com)



Here are a few samples of past sessions.

### **Medical Improv for IPEC Competencies (Also see Ball State University Case Study)**

We integrated our innovative approach with learning objectives and survey questions based on the core competencies for interprofessional collaborative practice: 2016 update. Washington, DC: Interprofessional Education Collaborative. **75-100% from both groups ‘strongly agreed’ the session helped develop all competencies!**

- **Faculty: Facilitating Experiential Activities that Promote Interprofessional Communication Skills**  
2-hour session where participants learned how to facilitate several time-efficient experiential activities in virtual and/or F2F classrooms that empower students to become highly effective communicators and valuable members of collaborative practice teams.
- **Students: Discover Surprisingly Fun Ways to Develop Interprofessional Communication Skills**  
2-hour session where participants developed competencies which empowered them on their path to becoming highly effective communicators and valuable members of collaborative practice teams.

### **Developing Cultural Competence with Medical Improv (Our version of DEI)**

Full Day, Dartmouth-Hitchcock Medical Center, where participants explored the importance of incorporating culturally sensitive care into their LNA/MA practice (can be adapted to all healthcare practitioners). This session **gets to the root causes of why people feel like they don’t belong** and how to develop the cultural competence to create a more inclusive environment for everyone. This workshop can be broken up into shorter sessions.

### **Using Medical Improv to Promote Dignity in Healthcare**

1-hour session at the Applied Improvisation Network Conference at Stonybrook University in partnership with the Alan Alda Center for Communicating Science. The purpose of the workshop was to **raise awareness and provide experiences** that promote dignity for self and others in healthcare practice settings.

### **Medical Improv Webinar - A Train the Trainer Toolkit**

Four 2-hour sessions, done virtually or full day in person event, training healthcare professionals and facilitators how to use the powerful tools of Medical Improvisation in their own work settings.

### **“Yes-and” Medical Improv**

Virtual session for the Chicago Dermatological Society, President's Conference, on how Medical Improv teaches powerful collaboration and communication tools that can help reduce burnout.

### **Forging Trust and Meaningful Communication with Medical Improv**

3-hour session for a medical group that combined applied/medical improvisational exercises and communication strategies to help the doctors build interpersonal connections and trust across backgrounds, experiences, and expertise.

### **Medical Improv – Serious Fun!**

1 hour session for University of Chicago Dermatology students to help them create a stronger therapeutic alliance with patients and get more comfortable speaking to groups.

### **Step Up to the Plate - Building Teams with Improv**

1-to-3-hour sessions at numerous schools, organizations and corporations to help them become better teammates and leaders and create cultures of belonging.

### **Game Changing Team Development for Healthcare Leaders - 1 Activity at a Time!**

Stand alone, 1-hour sessions for empowering leaders to integrate simple improvisational activities with teams in an effort to improve communication, boost morale, promote positive relationships, and reduce stress.

[For more workshops/sessions, click here.](#)